

Tillamook County Mental Health & Substance Use Services

More information about
services provided on page 2

	Emergency / Crisis	Mental health	Substance use	Problem gambling	Peer support	Recovery	Prevention programs	Servicios en español
Addiction and Family Counseling 503-842-3640 1000 N Main St #5, Tillamook afc-peace.org		●	●					
Adventist Health Tillamook 503-815-2292 100 3 rd Street, Tillamook adventisthealth.org/tillamook/	●	●	●					
Ayuda Community Services 503-640-5223 265 SE Oak, Hillsboro			●			●		●
Celebrate Recovery Tillamook Nazarene Church 503-842-2549 2611 3rd Street, Tillamook tillamooknazarene.com/celebrate-recovery						●		
Helping Hands Re-Entry Outreach Centers 503-738-4321 helpinghandsreentry.org/						●		
Rinehart Clinic 800-368-5182 230 Rowe St, Wheeler rinehartclinic.org		●	●					
Tides of Change 503-842-9486 1902 2nd St, Tillamook tidesofchangenw.org		●						
Tillamook County Community Health Centers 503-842-3900 (Central) 503-355-2700 (North) 801 Pacific Avenue, Tillamook tillamookchc.org/		●	●				●	
Tillamook County Mental Health Crisis Line 503-842-8201 800-962-2851	●							
Tillamook Family Counseling Center 503-842-8201 800-962-2851 906 Main Avenue, Tillamook tfcc.org	●	●	●	●	●	●	●	
Tillamook Serenity Club 503-842-1115 5012 3rd Street, Tillamook tillamookserenityclub.org						●		

Mental Health & Addiction Services in Tillamook County

Addiction and Family Counseling

Family counseling | Addiction treatment

503-842-3640

1000 N Main St #5, Tillamook

Adventist Health Tillamook

Mental health treatment | Addiction treatment |
Family and couples counseling | Child and adult services

503-815-2292

100 3rd Street, Tillamook
adventisthealth.org/tillamook/

Celebrate Recovery | Tillamook Nazarene Church

Recovery

503-842-2549

2611 3rd Street, Tillamook
tillamooknazarene.com

Helping Hands Re-Entry Outreach Center

Safe & sober emergency shelter | Substance abuse
re-entry program | Hot meals | Shower and laundry
services

503-738-4321

helpinghandsreentry.org

Rinehart Clinic

Mental health services | Addiction counseling | Primary
health care services

800-368-5182

230 Rowe St, Wheeler
rinehartclinic.org/

Tides of Change

Counseling for survivors of domestic violence, sexual
violence, dating violence, stalking, and human
trafficking | Support group services

503-842-9486

1902 2nd St, Tillamook
tidesofchangenw.org

Tillamook County Community Health Centers

Behavioral health services | Medically Assisted
Treatment (MAT) for opioid use disorder

503-842-3938 (Central)

503-355-2700 (North)

801 Pacific Avenue, Tillamook
tillamookchc.org/behavioral-health/

Tillamook County Mental Health Crisis Line

Crisis intervention and triage

503-842-8201 / 800-962-2851

Tillamook Family Counseling Center

Mental health services | Individual, couples, family, and
group therapy | Substance use treatment | Problem
gambling | Pain management | Suicide gatekeeper
training | Peer support services | Supported
employment

503-842-8201 / 800-962-2851

906 Main Avenue, Tillamook
tfcc.org/

Tillamook Serenity Club

Alcoholics Anonymous (AA) | Narcotics Anonymous
(NA) | Dual Diagnosis Anonymous (DDA) | Gamblers
Anonymous (GA) | Al-Anon

503-842-1115

5012 3rd Street, Tillamook
tillamookserenityclub.org

Help Lines

Alcohol and Drug Helpline

Support or access to resources and treatment
for alcohol or drug use

800-923-4357

Crisis Text Line

Text HOME to 741741
crisistextline.org/text-us/

Military Helpline

Support for service members, veterans and their
families

888-457-4838

National Alliance on Mental Illness (NAMI)

Mental health advocacy and promotion

503-230-8009 / 800-343-6264

namior.org/

Native American Rehabilitation Association

Adult Residential Addictions Treatment

503-621-1069

17645 NW St. Helens Highway, Portland
naranorthwest.org/projects/adult-
residential-addictions-treatment

Oregon Behavioral Health Support Line

Emotional support | Mental health triage | Drug
and alcohol counseling

800-923-4357

Oregon Problem Gambling Resource

877-695-4648

www.opgr.org

Oregon Tobacco Quit Line

Counseling and support from Tobacco Quit
Coaches | Nicotine replacement products

800-784-8669

quitnow.net/mve/quitnow

Oregon Warm Line

Mental health peer support line

800-698-2392

communitycounselingsolutions.org/
warmline

Recovery Now: Treatment Access Line

Referral process for Opioid Use Disorder and
Substance Use Disorder

855-612-5576

Senior Loneliness Line

Support for seniors feeling lonely and having difficulty connecting

503-200-1633**Suicide Lifeline****800-273-8255****Youth Helpline**

Teen-to-teen crisis and help line

877-968-8491 or
text teen2teen to 839863
oregonyouthline.org

This guide was developed by the Oregon State University Coast to Forest team, a collaboration of the College of Public Health and Human Sciences Center for Health Innovation and Extension Service Family & Community Health program. [Beav.es/CoastToForest](https://beav.es/CoastToForest)
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